

## Engage With Age HOPE project

### Referral Criteria

Engage With Age HOPE project (**Hubs for Older People's Engagement**) aims to reach out, identify and target less active older people at risk of social isolation and seeks to enable them to gain improved confidence and well-being through reconnecting with the local community.

Individual older people can be referred by any individual/agency to the project using the HOPE referral form.

An individual can be referred to HOPE if they **meet the following criteria**:

- Aged 50 years +
- Limited family support
- No personal care requirements
- Limited statutory services in place (e.g. attends day centre full-time more than 3 days a week would not be considered isolated)
- Reasonable mobility (for outings, volunteers are available for assistance; however they are unable to push a wheelchair). Attendees must be able to get on & off a bus/in & out of a car with little or no assistance.
- In relatively good health
- Willingness to meet with Engage With Age staff to discuss attending a hub activity club

Unfortunately some referrals may not be suitable and will be at the discretion of the outreach worker, for the following reasons:

1. Severe mental health problems.
2. Confusion and/or diagnosis of dementia.
3. Person has on-going alcohol or substance abuse problem.
4. Concerns about existing group members' physical and emotional safety.

Following the referral, the outreach worker will contact the potential service-user to meet and discuss the hub's activity programme, as well as answer any questions and complete a registration form.

For further information please contact the relevant outreach worker at Engage With Age on

028 90 735697

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