

Festival of Windows

Produced by Engage with Age for the Dementia Friendly East Belfast campaign.

1st - 31st August 2022



**FREE
Exhibition
Guide
Take one,
it's FREE!**

An exhibition of 50 artworks made by people living with dementia, their carers, families and friends, with artist Anna O'Kane. Exhibited in shop windows across East Belfast. Part of the EastSide Arts Festival. See inside for a list of exhibition locations.

Exhibition Locations & Shop Windows

The Festival of Windows has artworks looking out from shop windows onto the street, bringing the creativity of people living with dementia into East Belfast. The artworks are on show in shop windows on the Cregagh Road, Woodstock Road, Newtownards Road, Hollywood Road, Belmont Road, and in Ballyhackamore.

Here are the locations for The Festival of Windows. Can you visit all art works?

Woodstock Road

Little's Quality Menswear
Beauty Religion
Diamond Dogs
Natural Touch
Duo Hair and Beauty
Woodstock Road Library
366 Tattoo
Piccola Parma Café Restaurant
Gordon's Chemist
Pet Supermarket

Cregagh Road

Dr. Devices NI
Wysebuys
Café Nicole
Bethany Fruit Market
Ciao 101

Newtownards Road

McDowell's Pharmacy
Refresh Café
Restore Furniture Shop
Cost Cutter
Restore Charity Shop
Jack's Café
Orchard Café
Wyse Byes

Hollywood Road

Arches Wellbeing Centre
Hollywood Arches Library
Pringle Chiropractic
Waakisa Charity Shop
The Mortgage Shop
Miro Hair
Nora Mitchell Flowers
The Strand Cinema

Belmont Road

Christian Fellowship Church
Just for You
Dundela Pharmacy
Goodness Natural Health Food Store
The Book Well
Marie Curie Charity Shop
Oliver's Café
Truffles Café
Groves Pharmacy

Ballyhackamore

Eurospar
McElroy's Fruit and Veg
The Beautiful Flower Company
Oxfam Charity Shop
Rodgers Residential
Corries Farm Butchers
Peter Oliver's Hair Salon
Ballyhackamore Library
Nature's Way



How We Made The Artworks

The artworks on display have been made by people living with dementia, carers, family members and friends. The workshops are lead and facilitated by artist Anna O’Kane.

The centres that have participated in this project over the last two years have included Mullan Mews, Sydenham Court, Kirk House, Edgecumbe Day Centre, and Palmerston Residential Home. Participating groups have also included the Carers’ Café and Engage with Age’s Dementia Friendly activity group.

The workshops are gentle, slow-paced sessions. Participants talk about their interests and their lives, things they enjoy and like. Anna O’Kane facilitates the participants making patterns, drawings, collage and paintings. Anna supports and enables each individual to create an image which is framed and becomes part of the exhibition.

Exhibition visitors will see pictures inspired by childhood, nature, landscapes, local places of interest and fond memories of the past.

The Festival of Windows is a celebration of creativity and proof that it is possible to live well while living with dementia. The exhibition shows that East Belfast is becoming a friendlier place for people living with dementia, their families friends and carers, and for older people.

Dementia Friendly East Belfast would like to thank all of the shops, businesses and libraries who have supported this project. Special thanks are given to the EastSide Arts Festival for including this exhibition within their festival programme; Piccola Parma restaurant and the Cregagh Road Traders Association. Here’s to 100 artworks in 100 windows next year!



Dementia Friendly East Belfast

The Dementia Friendly East Belfast campaign seeks to make East Belfast a friendlier place for people living with dementia, their carers families and friends, and for older people.

This is a voluntary campaign that brings together people living with dementia, public agencies, community organisations and businesses. The list of organisations involved includes:

The Belfast Health Trust; Belfast City Council/ Age Friendly Belfast; Libraries NI; Public Health Agency; Engage with Age; East Belfast Community Development Agency; EastSide Partnership; Connswater Greenway; Linking Generations; Tesco; the banks; shops and cafes; key dementia organisations such as Alzheimer's Society and TIDE.

Our activities include training, awareness raising, information hubs, providing activities such as talks, workshops, online events, and outdoor activities, and producing a monthly What's On Guide.

This is an open campaign and any individual or organisation can become involved.

Join in by emailing dementiafriendlyeastbelfast@gmail.com



Dementia Friendly East Belfast

Stay in contact and find out what we are doing!

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