



What is Greater Belfast Seniors Forum?

The Greater Belfast Seniors Forum, or G6 as it has become popularly known, was formed to articulate the concerns, feelings and fears of older people across Greater Belfast.

A core of representatives from each of the six area based local forums are joined by key personnel from Age-friendly Belfast and Age Partnership Belfast.

Meetings are held monthly in Belfast City Hall.

Local Forums are made up from representatives from any or all groups in their area that aim to improve the wellbeing and lifestyles of older people.



We hear the voice of older people and act on it

What does G6 do?

We have established contacts with statutory bodies and service providers such as Belfast Health and Social Care Trust, Belfast City Council, Northern Ireland Housing Executive, Commissioner for Older People and Translink. This allows the G6 to put forward the voice of older people and influence decision making and future policy development.

How does G6 work?

Each year an action plan is developed to address current priorities. Presently our efforts are aimed at:

- **Transport** • **Fuel Poverty** • **Health Services** • **Mental Health**

Why does G6 exist?

For too long the voice of older people was muted or just plain ignored. There is a wealth of talent and expertise just waiting to be tapped into. Our task is to find and develop these qualities and make this a truly Age-friendly city.

How can you be part of it?

Just contact your local forum (listed on the back page) or the main G6 e-mail address (below). Then pop in for a chat. You really will be glad you did.

Email: info@engagewithage.org.uk

 Follow us on Facebook: [G6Belfast](https://www.facebook.com/G6Belfast)

 Follow us on Twitter: [G6Belfast](https://twitter.com/G6Belfast)

www.g6belfast.com



South Belfast Lifestyle Forum

Donegal Pass Community Centre, Apsley Street, Belfast BT7 1BL
2nd Tuesday of each month at 10.45am - Tea/coffee on arrival
info@engagewithage.org.uk

Castlereagh Lifestyle Forum

Saintfield Road Presbyterian Church Hall, 1 Myrtledeane Road, Belfast BT8 6GQ
1st Thursday of each month at 10.45am - Tea/coffee on arrival
elston@live.co.uk

Belfast East Seniors Forum

Dee Street Community Centre, Dee Street, Belfast BT4 1FT
1st Wednesday of each month at 10.30am - Tea/coffee on arrival
info@engagewithage.org.uk

Greater Shankill Seniors Forum

298-300 Shankill Road, Belfast BT13 2BN
3rd Friday of each month at 10.30am - Tea/coffee on arrival
lauren.harrison@volunteernow.co.uk

West Belfast 50+ Forum

Falls Library, 49 Falls Road, Belfast BT12 4PD
Last Friday of each month at 10.30am - Tea/coffee on arrival
westbelfast50plus@gmail.com

North Belfast Seniors Forum

151 Cliftonville Road, Belfast BT14 6RJ
Last Tuesday of each month at 10.30am - Tea/coffee on arrival
olaf@northbelfastseniors.org

www.g6belfast.com

The Greater Belfast Seniors Forum (G6) is supported by:



Belfast City Council

